

# **Sudden Cardiac Death**

## **Sudden Cardiac Death is Preventable**

Sudden cardiac death occurs in all ages. In early age it occurs due to some congenital disease eg Channelopathies or Hypertrophic Cardiomyopathy. This can be avoided by screening of all the family members if someone of the family having history of sudden death in playground or swimming pool, gymnasium and elsewhere. In adult one this could be related previous Heart attack or Angiographically proved Ischemic Heart Disease or previous Angioplasty or Bypass surgery. Yearly heart check up may prevent Sudden Cardiac Death.