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High Risk Pregnancy

- ▶ Increased risks for mother or baby due to health conditions or complications.
- ▶ Age, pre-existing diseases, or multiple pregnancies.
- ▶ Multi Disciplinary team ensures better outcomes.
- ▶ Needs frequent monitoring and specialized care.

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High-Risk Pregnancy

A high-risk pregnancy is one in which there is an increased risk to the mother, the baby, or both due to certain health conditions or pregnancy-related complications.

Common risk factors include:

- ❖ Advanced maternal age
- ❖ Pre-existing medical conditions (e.g., diabetes, hypertension)
- ❖ Multiple pregnancies (twins or more)
- ❖ Pregnancy-related complications

Key points:

- ❖ Managed by a multidisciplinary healthcare team
- ❖ Requires frequent monitoring and specialized care
- ❖ Early detection and expert management help ensure better maternal and fetal outcomes