



## High-Risk Pregnancy

A high-risk pregnancy is one in which there is an increased risk to the mother, the baby, or both due to certain health conditions or pregnancy-related complications.

### Common risk factors include:

- ❖ Advanced maternal age
- ❖ Pre-existing medical conditions (e.g., diabetes, hypertension)
- ❖ Multiple pregnancies (twins or more)
- ❖ Pregnancy-related complications

### Key points:

- ❖ Managed by a multidisciplinary healthcare team
- ❖ Requires frequent monitoring and specialized care
- ❖ Early detection and expert management help ensure better maternal and fetal outcomes